



# Voices of Transformation

## GUIDE TO CONFERENCE SESSIONS

*Legend*

Guiding Light - All Attendees

Courageous Explorers - CSBD

Resilient Travelers - Partners

Exploration Guides - Clinical

### Day 1 - June 26th

TIME	ROOM	SPEAKER	TOPIC
8:30 AM	SDCT	N/A	Registration
9:30 AM	Journey	Nate Larkin & Lit Path	Understanding CSBD & Betrayal Trauma: Breaking the Silence
10:50 AM	Expedition	Tim Stein	CSBD: Finding a Way Through - A Path to Healing
10:50 AM	Journey	Mike Vaughn & Jason VanRuler	The Highly Sensitive Person and Problematic Porn Use
10:50 AM	SDCT	Dr. Barbara Steffens	Betrayal Trauma 101: Recognizing the Impact and Rebuilding Hope
11:40 AM	N/A	N/A	Lunch & Exhibit Booths
1:00 PM	Journey	Jeanne Vattuone	Healing Together: Coming to the Fence
1:00 PM	Expedition	Carol Sheets	Self-Care & Betrayal Trauma Healing: Seeing Yourself Beyond the Pain
1:00 PM	SDCT	Mordy Gottlieb	Addiction - The Loneliness Epidemic
2:10 PM	Journey	Panel	Ask the Helpers: Anonymous Q&A with Experts
2:10 PM	SDCT	Carley Pool	Fighting for a Place at the Table - Hearing the Voice of the Adult Child of Sex Addiction
2:10 PM	Expedition	Dr. Barbara Steffens	Early Recovery After Discovery - After the Life Quake
3:20 PM	SDCT	Allan Katz	I'm Sober; Now What? Navigating Values, Integrity, & Purpose for Long Term Sex Addiction Sobriety
3:20 PM	Journey	Dr. Lora Kojovic	From Compulsive Sexual Behavior to Co-Regulated Sexuality & Embodied Intimacy
3:20 PM	Expedition	Dr Crystal Hollenbeck	How to Process Complex Anger While Healing from Betrayal Trauma

### Day 1 - June 26th (Continued)

TIME	ROOM	SPEAKER	TOPIC
4:10 PM	SDCT	Mara Giovanni	Activity - Kali Connection Therapy
4:55 PM	Journey	Matt Wenger	Healing the Roots - Exploring the Connection Between Attachment Trauma & Sex Addiction
4:55 PM	SDCT	Carol Sheets	ERCEM - The Groundbreaking Protocol that Teaches the Betrayer How to Help the Betrayed Heal from the First Session Forward
4:55 PM	Expedition	Sarah Morales	Gaslighting Unraveled - From Confusion & Self-Doubt to Clarity, Self-Trust & Agency
5:45 - 6:30 PM	N/A	N/A	Exhibit booths and transport to hotels

### Day 2 - June 27th

TIME	ROOM	SPEAKER	TOPIC
8:30 AM	Journey	N/A	Breakfast & Exhibit Booths
9:00 AM	Journey	Pam Blizzard	Redefining Boundaries From Stigma, to Treasure Map to Trust and Connection
9:00 AM	SDCT	Dr. Jennifer Weeks	Sex Addiction, Erotic Conflict, Moral Incongruence: Moving Toward a More Nuanced Diagnosis
9:00 AM	Expedition	Clayton Ferrara	Purpose-Driven Healing: Transformative Recovery Through Community Service and Meaningful Engagement
10:10 AM	Expedition	James Annear	Bridging the Gap: Communicating Needs Without Shame or Avoidance
10:10 AM	Journey	Dr. Gloria Gilbert	Trauma Therapy Approaches: What are They? Are They Right for Me?



*Day 2 - June 27th (Continued)*

TIME	ROOM	SPEAKER	TOPIC
11:20 AM	SDCT	Matt Wenger	Unraveled: Understanding Triggers and Relapse
11:20 AM	Expedition	Sharon Rinearson	Understanding Partner Trauma Triggers and Trauma Response
11:20 AM	Journey	Kim Petroni	Not a Casserole Widow: Divorce for Betrayed Partners
12:10 PM	N/A	N/A	Lunch & Exhibit Booths
1:30 PM	Journey	Recovery Panel	Panel of Individuals at Different Stages in Healing
3:00 PM	SDCT	William Feck	Healing Relational Patterns Through Somatic Attunement
3:00 PM	Journey	Heidi Kinsella	Beyond Rules - Collaborative Boundaries that Foster Trust and Growth
3:00 PM	Expedition	Tim Stein & Jeanne Vattuone	Healing Together: A Partner-Sensitive Approach to Sex Addiction Intervention
3:50 PM	Journey	Claire Avirett	Activity - Sound Bath Healing
3:50 PM	SDCT	N/A	Activity - Paws and Reflect: Healing with Puppies
4:35 PM	Expedition	Jenna Riemersma	From Conflict to Connection: Expressing Needs with Clarity & Compassion
4:35 PM	SDCT	Sheila Maitland	What to Do When Progress Feels Stalled
4:35 PM	Journey	Dr. Jennifer Weeks	Talking to Your Children About Pornography...Gulp!
5:45 - 6:30 PM	N/A	N/A	Exhibit booths and transport to hotels

**ELEVATE THEIR HEALING JOURNEY**

Every gift brings someone waiting on the **Wall of Worth** closer to the hope, healing, and help they're seeking.

Visit the wall or scan the QR code — your support helps light the path to healing.



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*Day 3 - June 28th*

TIME	ROOM	SPEAKER	TOPIC
8:30 AM	Journey	N/A	Breakfast & Exhibit Booths
9:00 AM	Journey	Jake Porter	Healing Your Relationship After the Discovery of Sex Addiction
9:00 AM	Expedition	Dr. Sachi Ananda	The Impact of Sex Addiction on First Responders: Challenges and Support Strategies
9:00 AM	Reflection	Dr. Lora Kojovic	Finding Peace in Your Body: Engaging the Nervous System for Recovery and Connection
9:00 AM	SDCT	Julia Alperovich	Using Structural Family Therapy in Working with Couples in Recovery
10:10 AM	Expedition	Michael Cary	Breaking Free from Stuck: Overcoming Barriers in Addiction Recovery
10:10 AM	Journey	Blair Bisher	From Artificial to Authentic Connection - A Validating Framework to Help Men Achieve Authentic Intimacy Safely
10:10 AM	Reflection	Michele Saffier	Rising Together: Facilitating A Couples Healing Intensive
11:20 AM	Expedition	James Annear & Sharon Rinearson	The Spectre and Spectrum of Intimacy Adversity - A New Look at Intimacy Avoidance
11:20 AM	Reflection	Panel	Ask the Helpers: Anonymous Q&A with Experts
11:20 AM	Journey	Dr. Jake Porter & Carley Pool	When Progress Feels Stalled: Finding Your Way Forward as a Couple
11:20 AM	Rooted	Steven Roccazella	Activity - Breathwork: Engaging Your Body's Natural Capability to Heal
12:10 PM	N/A	N/A	Lunch & Exhibit Booths
1:30 PM	Expedition	Marnie Ferree	Reflections on Long-Term Recovery: Insights from Personal Recovery and Clinical Practice
1:30 PM	Journey	Panel	Ask the Helpers: Anonymous Q&A with Experts
1:30 PM	Reflection	Panel	Ask the Helpers: Anonymous Q&A with Experts
2:20 PM	Journey	Steven Roccazella	Activity - Breathwork: Engaging Your Body's Natural Capability to Heal
3:20 PM	Journey	Nate Larkin & Lit Path	Closing and Thank You: The End Is Just the Beginning
4:15	N/A	N/A	Conference close / exhibitor move-out / transport to hotels